



## Table of Contents



- [Introduction: A Fresh Start for Every Home](#)
- [What Is This Recipe Good For?](#)
- [Shopping List: Everything You Need To Buy](#)
- [Ingredient Benefits Explained](#)
- [Kitchen Tools & What They Do](#)
- [Step-by-Step Recipe: Sal Suds All-Purpose Cleaner Spray](#)
  - [Gather Everything You Need](#)
  - [Open the Spray Bottle](#)
  - [Measure and Add Sal Suds](#)
  - [Add Essential Oil \(Optional\)](#)
  - [Add Distilled Water](#)
  - [Close and Mix](#)
  - [Label Your Cleaner](#)
  - [How To Use](#)
- [Tips, Precautions, and Pro Secrets](#)
- [Fun Facts About This Recipe](#)
- [Recipe Variations & Options](#)
- [Product Pros and Cons](#)
- [Frequently Asked Questions \(FAQs\)](#)
  - [Q1: Can I use regular tap water instead of distilled water?](#)
  - [Q2: Is this spray safe for wood?](#)
  - [Q3: Can I use this cleaner on mirrors and glass?](#)
  - [Q4: How long does the cleaner last?](#)
  - [Q5: Can kids use this spray?](#)
- [Helpful Table: Sal Suds All-Purpose Cleaner Spray Info](#)
- [Conclusion](#)
- [Description & Pro Secrets](#)

## Introduction: A Fresh Start for Every Home

If you're searching for an easy, affordable, and eco-friendly way to clean your home, look no further than this DIY All-Purpose Sal Suds Cleaner Spray. Whether you're brand new to making your own cleaners or you've never even boiled an egg in the kitchen, this guide is for you! With step-by-step instructions, clear explanations, and helpful tips, you'll learn how to create a safe, effective spray to keep your home sparkling clean without harsh chemicals.

---



## What Is This Recipe Good For?

- Cleaning kitchen counters, tabletops, sinks, bathroom fixtures, and more
  - Safe for most sealed surfaces (avoid unsealed stone like marble or granite)
  - Family- and pet-friendly—no toxic fumes or residues
  - Cuts grease, grime, and sticky messes easily
  - Leaves your home with a fresh, customizable natural scent
- 

## Shopping List: Everything You Need To Buy

You'll need to purchase everything below (assume nothing is in your house):

Item	Amount Needed	Why You Need It
<a href="#">Dr. Bronner's Sal Suds</a>	1 small bottle	Main cleaning ingredient
<a href="#">Distilled Water</a>	1 gallon	Dilutes cleaner, keeps it fresh, streak-free
Essential Oil ( <a href="#">Lemon</a> , <a href="#">Lavender</a> , <a href="#">Tea Tree</a> )	1 small bottle	Optional for scent and extra cleaning power
<a href="#">Empty Spray Bottle</a> (16 oz, glass best)	1	Mix and spray your cleaner
Funnel	1 small	For pouring without spills
Tablespoon Measure	1	Precise measurement of Sal Suds
Measuring Cup (2 cups/16 oz)	1	To accurately measure water
Label or Masking Tape & Marker	1 of each	To date and identify your bottle

See also [Create Your Own Eco-Friendly DIY Natural Dishwasher Detergent](#)

---

## Ingredient Benefits Explained

- **Sal Suds:** A plant-based, biodegradable, highly concentrated cleaner that cuts through grease and dirt while being gentle on most surfaces.
- **Distilled Water:** Prevents build-up, streaks, and helps your cleaner last longer without spoiling.
- **Essential Oil:** (Optional) Adds lovely fragrance and, depending on the oil, adds antibacterial or mood-boosting properties. Lemon for freshness and cleaning, lavender for calming, tea tree for germ-fighting.



---

## Kitchen Tools & What They Do

- **Spray Bottle (16 oz):** Use this to hold and spray your cleaning solution. Glass is best for use with essential oils, but plastic works too.
  - **Funnel:** Looks like a cone with a narrow end. Makes pouring liquids into a bottle clean and easy.
  - **Tablespoon Measure:** A small scoop labeled “1 Tbsp,” used for exact measuring.
  - **Measuring Cup:** Used to measure 16 oz (2 cups) of water.
  - **Label/Tape & Marker:** For labeling your bottle so you remember what’s inside and the date you made it.
- 

## Step-by-Step Recipe: Sal Suds All-Purpose Cleaner Spray

### Gather Everything You Need

Set out all ingredients and tools on a clean, flat surface. Make sure your spray bottle is empty and clean.

### Open the Spray Bottle

Twist off the spray top and set aside. Place your funnel in the bottle’s opening.

### Measure and Add Sal Suds

- Take your tablespoon measure, fill it flat with Sal Suds.
- Pour **1 tablespoon** into the bottle through the funnel.
- Fill your tablespoon halfway for  $\frac{1}{2}$  **tablespoon** and add it. Total: **1.5 tablespoons** of Sal Suds.

### Add Essential Oil (Optional)

- If you want a nice scent, count out **10-20 drops** of your favorite essential oil and add it through the funnel.

### Add Distilled Water

- Use your measuring cup to measure **16 oz** (2 cups) of distilled water.



- Slowly pour the water into the bottle through the funnel. If the water bottle has a spout, you can pour directly.

## Close and Mix

- Remove the funnel and screw the spray top back on tightly.
- Shake the bottle gently for about 10 seconds so everything mixes well.

See also [Sal Suds Dish Soap](#)

## Label Your Cleaner

- Write “Sal Suds All-Purpose Cleaner” and the date on your label or tape. Stick it on the bottle.

## How To Use

- Spray directly onto countertops, sinks, tables, and other surfaces.
- Wipe clean with a cloth, paper towel, or sponge.

---

## Tips, Precautions, and Pro Secrets

- **Test First:** Try on a small, hidden spot if you’re unsure about the surface.
- **Avoid Stone:** Don’t use on unsealed granite, marble, or other natural stone.
- **Shake Before Use:** Ingredients may separate, so shake gently each time.
- **Out of Reach:** Store out of reach of young children and pets.
- **Customize Scent:** Try blending oils like lemon and tea tree for kitchen, lavender for bathrooms.
- **Deep Cleaning:** For extra-tough messes, use up to 2 tablespoons of Sal Suds.

---

## Fun Facts About This Recipe

- This cleaner replaces dozens of commercial sprays—saving money and space!
  - Sal Suds is so powerful that you need only a small amount for big cleaning jobs.
  - Lemon oil is a natural mood booster, perfect for brightening your cleaning routine.
-



## Recipe Variations & Options

- **With Vinegar:** Add 1 tablespoon white vinegar for extra disinfecting power (not for stone).
  - **Stronger Scent:** Use up to 20 drops essential oil for a more pronounced fragrance.
  - **Heavy Duty:** Use 2 tablespoons Sal Suds for greasy messes (test first).
- 

## Product Pros and Cons

### Pros

Non-toxic, eco-friendly, safe for pets  
Super affordable, a little goes far  
Customizable scent with essential oils  
Streak-free with distilled water

### Cons

Not for unsealed natural stone  
Must shake before each use  
Initial setup requires some supplies  
Essential oils are optional but extra cost

---

## Frequently Asked Questions (FAQs)

### Q1: Can I use regular tap water instead of distilled water?

A: It's best to use distilled water for a streak-free finish and longer shelf life, but cooled, boiled tap water works in a pinch.

### Q2: Is this spray safe for wood?

A: Yes, on sealed wood. Always test a hidden area first.

See also [DIY Foaming Hand Soap: A Fresh and Natural Alternative](#)

### Q3: Can I use this cleaner on mirrors and glass?

A: Absolutely! Just use a microfiber cloth for a streak-free shine.

### Q4: How long does the cleaner last?

A: About 3-6 months if stored in a cool, dark place.



## Q5: Can kids use this spray?

A: Yes, with adult supervision. Do not spray in eyes or mouth.

---

## Helpful Table: Sal Suds All-Purpose Cleaner Spray Info

Feature	Details
Main Use	Cleaning counters, sinks, bathrooms, etc.
Key Ingredients	Sal Suds, distilled water, essential oil
Container Size	16 oz spray bottle
Alternate Essential Oils	Lemon, lavender, tea tree, orange
Shelf Life	3-6 months (keep away from heat/sun)
Pet & Kid Safe?	Yes, under supervision
Eco-Friendly?	Yes
Customizable?	Yes, scent and strength

---

## Conclusion

Making your own DIY All-Purpose Sal Suds Cleaner Spray is a smart, safe, and satisfying way to keep your home healthy and sparkling clean. With just Sal Suds, distilled water, and a touch of your favorite essential oil, you have a powerful, non-toxic spray ready for everyday messes. Always use the right tools, label your bottle, and enjoy a fresh, clean home—every single day! Fun

## Description & Pro Secrets

This “Fresh Start Sal Suds Spray” will have your friends and family wondering if you hired a cleaning crew! Pro chef secret: Always use distilled water for the ultimate streak-free shine on glass and mirrors. Want your kitchen to smell like a citrus grove? Try a blend of lemon and orange essential oils. For a powerful kitchen degreaser, use the full 2 tablespoons of Sal Suds—just rinse surfaces afterward. Label your bottle with the date and scent blend and keep it handy for quick cleanups.

Give me a minute to create your downloadable PDF! If you want a ready-to-use script or more pro tips, just let me know.