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# Jasmine Sambac Absolute

What is it about Jasmine Sambac Absolute that makes it both enchanting and essential in the world of aromatherapy and perfumery? This beautiful essence, with its heady and intoxicating scent, has captured the fascination of many throughout history. In this article, we will explore the multifaceted world of Jasmine Sambac Absolute, offering insights into its origins, remarkable properties, and benefits, as well as practical ways to incorporate it into your daily routine.

Recommended Brands:

[Jasmine Sambac Absolute by Amrita](#)

## Scientific Name/Botanical Name

Jasmine Sambac Absolute, known scientifically as *Jasminum sambac*, is a variety of jasmine cultivated for its intensely fragrant flowers.



## **Oil Origin**

This beautiful flower's origin is rooted in Southeast Asia, greatly revered in countries such as India, Pakistan, and the Philippines, where it holds cultural and spiritual significance.

## **Extraction**

The extraction of Jasmine Sambac Absolute is typically achieved through a solvent extraction process. The delicate flowers are collected at night when their fragrance is most potent and processed to create a concentrated, aromatic essence.



## Characteristics



Jasmine Sambac Absolute is known for its deep, rich, and sensuous fragrance. Its profound aroma exudes warmth and sweetness, often associated with love and sensuality.

## Odor

The odor of Jasmine Sambac Absolute is highly floral with a rich, sweet, and exotic fragrance. It has a persistent undertone, which makes it extremely popular in high-end perfumes and body care products.





## Consistency

The consistency of Jasmine Sambac Absolute tends to be somewhat viscous due to its concentration, yet it remains blendable with other oils and bases.

## Country of Origin

Traditionally, the highest quality Jasmine Sambac is sourced from India, where it is often cultivated for both its scent and its use in religious and cultural ceremonies.

See also [Eucalyptus Staigeriana Organic Essential Oil](#)

## Evaporation Rate

With a middle note classification, Jasmine Sambac Absolute has a relatively moderate evaporation rate, offering a lasting aroma when used in blends and perfumes.

## Blends Well With

This essential oil blends beautifully with a myriad of other floral oils such as Rose, Ylang Ylang, and Neroli, and is enhanced by the warmth of Sandalwood and Cinnamon. It also pairs well with citrus oils like Bergamot and Orange for a more uplifting aroma.

## Aroma

The aroma of Jasmine Sambac Absolute is the very essence of seduction and romance, characterized by its intensely sweet, floral, and exotic notes. This captivating scent has the power to evoke emotions, create ambiance, and leave a lasting impression.

## Constituents

The principal constituents of Jasmine Sambac Absolute include a variety of aromatic compounds such as benzyl acetate, indole, benzyl benzoate, and linalool. These natural chemicals contribute to the oil's distinctive aroma and beneficial properties.

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## Blending and Uses



## Blending

The art of blending Jasmine Sambac Absolute involves pairing it with complementary oils to enhance its fragrance and therapeutic effects. As a versatile oil, it can be blended to create personalized perfumes, body care items, and aromatic therapies. Here is a simple formula:

1. **Floral Perfume:** 5 drops of Jasmine Sambac Absolute, 3 drops of Ylang Ylang, 2 drops of Neroli.
2. **Relaxing Blend:** 4 drops of Jasmine Sambac Absolute, 4 drops of Lavender, 2 drops of Sandalwood.
3. **Uplifting Blend:** 3 drops of Jasmine Sambac Absolute, 5 drops of Bergamot, 2 drops of Orange.

## Uses

Jasmine Sambac Absolute is renowned for its numerous applications across skincare, aromatherapy, and well-being:



1. **Natural Perfume:** Use as a base in crafting personal fragrances.
2. **Massage Oil:** Combine with a carrier oil for a relaxing massage.
3. **Aromatherapy:** Add to a diffuser to create an uplifting environment.
4. **Skincare:** Mix with facial oils to enhance skin radiance and glow.
5. **Bath Additive:** Drizzle a few drops in your bath for a spa-like experience.
6. **Hair Care:** Add to hair oils or shampoos for extra shine and fragrance.
7. **Meditation Aid:** Diffuse during meditation for focus and calm.
8. **Emotional Balance:** Use in emotional therapy to ease anxiety and promote joy.

See also Celery Organic CO2



## Safety

While Jasmine Sambac Absolute is generally recognized as safe for topical and aromatic use, it should be used with caution due to its potency.

1. **Dilution:** Always dilute with a carrier oil before applying to the skin.
2. **Pregnancy and Children:** Consult a health professional before use.
3. **Allergic Reactions:** Conduct a patch test on a small area of skin.
4. **Internal Use:** Not recommended without professional guidance.

## Expanded Historical Context

Jasmine Sambac has a rich historical tapestry, celebrated in various cultural traditions. In India, it is an integral part of numerous religious ceremonies. The garlands made from its blossoms symbolize purity and divine hope in various rituals and are often offered to deities. Similarly, in Southeast Asia, the Jasmine Sambac is the national flower of the Philippines, known as "Sampaguita," symbolizing purity, simplicity, and humility.

## Scientific Studies

Recent scientific studies delve into the potential health benefits of Jasmine Sambac Absolute, underscoring its abilities in mood enhancement and stress relief. The oil's natural compounds demonstrate promising effects on reducing symptoms of anxiety and depression, showcasing its application in holistic wellness practices.



## Conclusion

Jasmine Sambac Absolute is not just an oil; it is an essence that embodies centuries of tradition and countless stories whispered through its rich aroma. Its versatility in blending, historic significance, and profound benefits make it a cherished addition to many wellness and beauty routines. Embrace the aromatic journey it offers, whether you seek relaxation, emotional harmony, or simple olfactory delight.

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